

ALL ABOUT CONTRACTED RESPITE (family/providers)

What is Contracted Respite?

Respite is to give the family member/guardian a break from day to day care of a son/daughter or dependent in their day to day care. It is planned or emergency **short term** relief provided to the person's unpaid caregiver when the care giver is **temporarily unavailable** due to **non-routine** circumstances. Contracted means that you may use the provider of your choice as long as that provider agrees to contract with The Gulf Coast Center. If you do not know a provider, you may choose a provider from The Gulf Coast Center's Provider List.

How can Contracted Respite be used?

Respite can relieve caregivers at the home or at another location.

Respite can be used for an overnight stay. Families/providers should negotiate if sleep time will be included in the reimbursement for services in one on one respite situations and may be based on the individuals sleep patterns.

Respite can be used when the family is **not at work** but may need to go out of town, run an errand, go shopping, etc.

Respite can be used to provide personal assistance care (bathing, feeding, grooming, dressing, and personal hygiene)

Respite can be used to teach skills, participate in leisure activities, social interaction and/or reinforce specialized therapies.

Overnight group outings cannot be billed for more than 10 hours per person per day.

What is NOT Contracted Respite?

Respite is **NOT** Day Care or Baby-sitting or supervised daytime care during primary care giver working hours.

Respite **CANNOT** be provided by anyone that lives in the same home as the person or family.

Respite **CANNOT** be provided during the times that the person is at school, a day program or at work.

Respite **CANNOT** provide for transportation if the caregiver/family is working.

I have read and understand this form "all about contracted Respite".

(Print Name): _____ (Sign Name): _____ Date: _____